



# Moloka`i Child Abuse Prevention Pathway

## CONSUELO FOUNDATION BOARD 4<sup>TH</sup> QUARTER AND ANNUAL REPORT FOR 2014

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# EXECUTIVE SUMMARY

## Executive Summary

This report highlights the Moloka`i Child Abuse Prevention Pathway's (MCAPP) fourth quarter activities and outputs (October, November and December), summarizes 2014 progress and accomplishments, and presents the Native Hawaiian and community participation rates for 2013 and 2014. In accord with goals described in MCAPP's first quarter report<sup>1</sup> theory of change and logic model, the team concentrated on four areas: *Primary prevention education, island-wide coalition building, professional development, and evaluation research* (see Appendix for working Logic Model).

Founded by Consuelo Foundation in 2012, MCAPP established its presence and purpose over the last two years. While the MCAPP designation used on our website, in public presentations, and reports, Moloka`i residents know us as *Consuelo Foundation on Moloka`i*.

In 2014, MCAPP provided Moloka`i's communities with over one hundred primary prevention educational events, continuing workshops, and coalition building meetings. The team utilized creative ways to educate, partner, and engage communities in the overarching vision of Moloka`i as a place where child and family wellbeing are paramount. MCAPP currently coordinates, develops and delivers primary prevention and risk reduction education (with youth, families and communities); seeks and sustains primary prevention partnerships with schools, agencies, families and communities; and utilizes Native Hawaiian values and practices in primary prevention education.

Increased levels of awareness, participation, and engagement from Moloka`i communities were achieved by our Moloka`i staff, who are knowledgeable about the island's cultural ways, relationships, and socio-economic conditions. They are uniquely positioned to understand how survival factors may pose significant sources of stress on residents. It is well established that stress factors can lead to different forms of abuse and violence, including childhood sexual abuse (CSA). Thus, developing and maintaining trustworthy relationships are critical to our ability to influence change and grow prevention attitudes.

Research has determined that sexual abuse is deeply rooted in complex environmental factors and reinforced by our societal norms (Lyles, Cohen, & Brown, 2009). Therefore, our primary prevention approaches focus on eliminating abuse by focusing on

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<sup>1</sup> The first quarter report was submitted on April 30, 2014 for the period covering June 2013 thru March 2014. This was due to transition in directorship; in August 2013, P. Morelli assumed the position.

## EXECUTIVE SUMMARY

safety, sustaining healthy relationships, and supportive environments to reduce the likelihood of abuse in the first place (Lyles et al., 2009).

Primary prevention programs are under-researched, and often overlooked in favor of urgent treatment needs. However, cost-benefit analysis studies attest to the long-term societal and economic benefits of prevention programs (Farrington, 2010; Patel, 2012). MCAPP accepts the challenges of: Finding and increasing ways primary prevention can be imbedded and sustained in community living and societal norms; and pursuing innovative ways to evaluate the effectiveness of primary prevention. Therefore, MCAPP's priority in 2015, is the development and consistent implementation of program evaluation procedures.

# FOURTH QUARTER HIGHLIGHTS

## Fourth Quarter Highlights

### PRIMARY PREVENTION EDUCATION EXPANSION

Throughout 2014, the two major thrusts of our primary prevention education efforts were: Culturally based Native Hawaiian curriculum, and healthy life styles ballroom dancing lessons for youth and adults. Both of these activities received consistent participation. However, MCAPP staff understood the need for greater community participation through outreach, and therefore, were continually researched evidence-based, culturally relevant, unique primary prevention methods to put into practice.

By June, the Native Hawaiian primary prevention curriculum taught by kūpuna (respected community elders) to 6-12 year-old children at the Moloka'i Youth Center was ready for expansion to a larger audience of 10<sup>th</sup> to 12<sup>th</sup> grade students at Moloka'i High School. The change of venue allowed for greater numbers of youth participants, consistent engagement, and increased potential for curriculum retention. As a result, participation rates increased to over 400 students over a two and a half month period. (See Figure 1: Quarter 4: Primary Prevention Education Participation).

In September, looking ahead at further expanding MCAPP's primary prevention education outreach, Hae-Ok Miller, Education Coordinator for the Oahu Sex Abuse Treatment Center (SATC), was invited to provide a two-day training<sup>2</sup> on evidence-based sex abuse prevention curriculum. Following the training, MCAPP staff negotiated access with the Moloka'i High School administration, piloted the curriculum, and coordinated weekly instructional time. As a result, in February 2015, MCAPP staff will begin teaching students the SATC's evidence-based prevention curriculum on a consistent basis.

### PROFESSIONAL DEVELOPMENT AND COALITION BUILDING ACTIVITIES

MCAPP staff coordinated, organized and facilitated evidence-based, childhood sexual abuse prevention education events and trainings for community service providers and families, for example, The Honolulu Theater for Youth; and Dr. Barry Coyne, Hawaii State Administrator for the Sex Offender Treatment Program. These events as well as numerous meetings focused on developing collaborations with agencies and service providers were integral to our coalition-building efforts.

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<sup>2</sup> The MCAPP team and community professionals received a 2-day, SATC training on September 4, 5, 2014, which Consuelo Foundation sponsored.

# FOURTH QUARTER HIGHLIGHTS

## GRANT AWARD

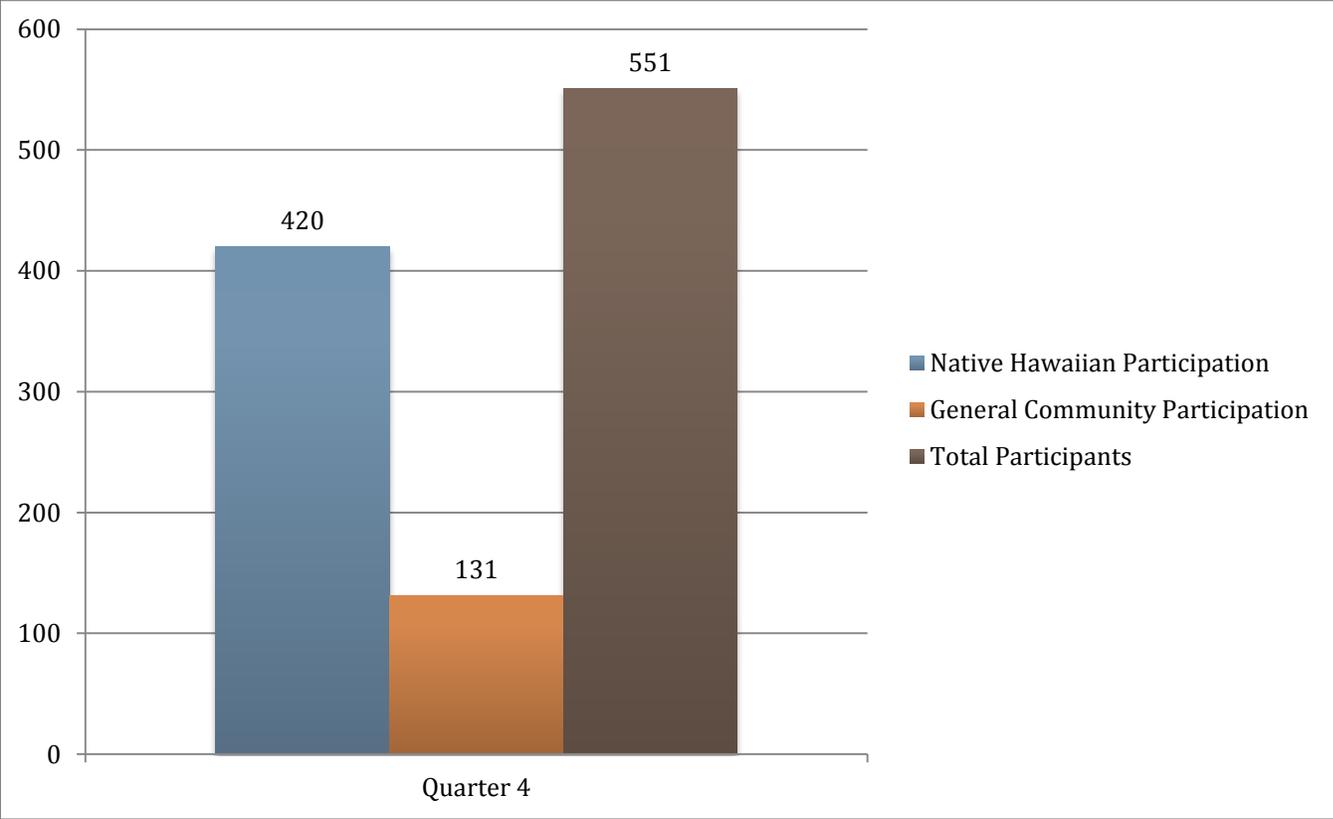
The Office of Hawaiian Affairs awarded MCAPP \$90,000 via Consuelo Foundation over a two-year period (2015-2016). These funds will be used to support Native Hawaiian-based primary prevention efforts and the work of kūpuna in supporting this effort.

## PROGRAM EVALUATION

Beginning in December 2014, team members met with Dr. Crystal Mills to develop an integrated program evaluation process. This resulted in a strategic planning meeting on January 20-21, 2015, which further clarified our goals and impact indicators. We are currently developing detailed plans for the coming year's activities which are linked to our outcome and impact areas.

FIGURE 1: 2014 QUARTER 4, PRIMARY PREVENTION EDUCATION PARTICIPATION

This table represents participation rates of students, professional providers, and the general community.



# MCAPP PARTICIPATION RATES FOR 2013 AND 2014

## MCAPP Participation Rates for 2013 and 2014

### CONCLUSION

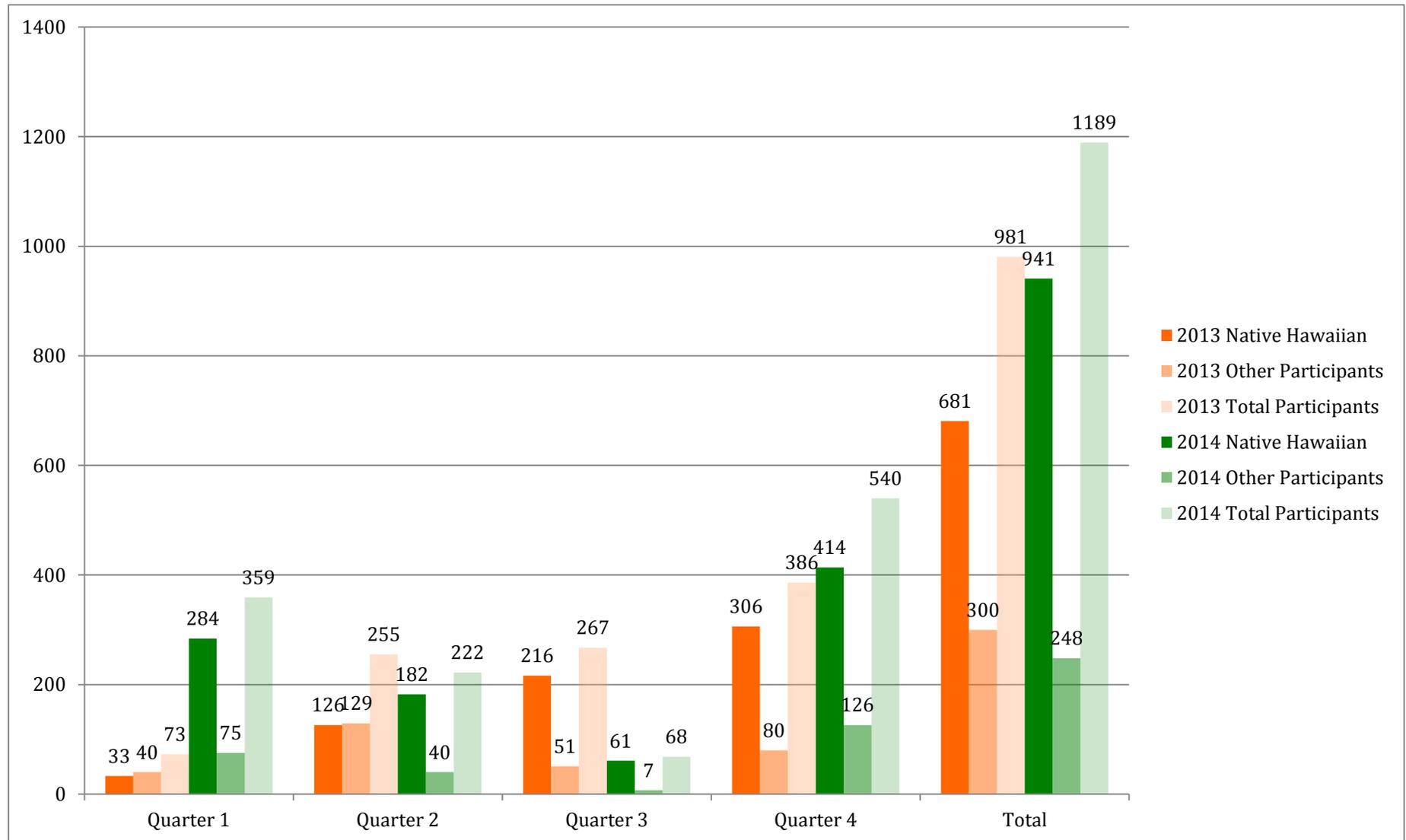
The steady increase of participation in primary prevention activities over the two-year period from 2013 to 2014 (see Figure 2) among Native Hawaiians and the general population on Moloka'i is positive and encouraging. However, we are acutely aware of the necessity to establish strong connections between our prevention activities and indicators of impact.

Our next significant challenge is determining how the prevention activities planned for 2015, such as: Speakers, educational events, coalition meetings, participatory public service announcements, and family celebration gatherings to name a few, impact community and individual awareness, reporting behaviors, resource development, the quality of relationships, and attitudes about prevention, safety and wellbeing.

We know the long-term impact of childhood sexual abuse and other forms of abuse and neglect (i.e. physical, emotional and sexual) is associated with: Physical health disorders in adulthood, high levels of depression, guilt, shame, self-blame, eating disorders, somatic concerns, anxiety, dissociative behavior, repression, denial, sexual problems, relationship problems, parenting difficulties, and early death (Benedetti, 2012; Browne, 1986; Felitti, 1998; Jaffe, 2012; Kendler, 2014; McCarthy-Jones, 2014; Payne, 2014; Seehuus, 2014; Sitko, 2014). Prevention is, therefore, everyone's responsibility from the individual and family level to communities and systemic, governance levels. We must all take responsibility, in order to secure the wellbeing of future generations.

# MCAPP PARTICIPATION RATES FOR 2013 AND 2014

Figure 2. 2013 and 2014 CONSUELO Quarterly Report of Participants



# CONSUELO FOUNDATION'S MCAPP TEAM

## Consuelo Foundation's MCAPP Team

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# APPENDIX

## Appendix

### MCAPP THEORY OF CHANGE LOGIC MODEL (January 14, 2015 working document)

<i>Inputs</i>	<i>Activities</i>	<i>Outputs</i>	<i>Outcomes</i>		
Part-time staff:	Focus: Native Hawaiian `ohana wellbeing (open to Moloka`i ohana)		Short-term (2-5 years)  Indicators	Intermediate (6-10 years)  Indicators	Long-term Impact (11+ years)
Project Director (1)  Moloka`i resident staff (1)  Graduate Assistant (1)	Coalition building: Moloka`i communities & stakeholders;  <i>Primary prevention education (PPE)</i> <sup>3</sup> : Families, children & communities;  Workforce development;  Program Evaluation utilizing SEER <sup>4</sup> .	Developing partnerships with allied organizations on Moloka`i & State;  Increasing # of Moloka`i residents receiving PPE;  Relevant evaluation data collection & reports, establishing evidence base.	Increased # of community partnerships & collaborations;  Increased # of community members aware of and involved in CA prevention;  Consistent provision of primary prevention education;  Long-term evaluation research established.	Sustained partnerships & collaboration with allied CA prevention groups;  Sustained primary prevention awareness among Moloka`i residents;  Qualified primary prevention workforce increased on-island;  Research outcomes useful in seeking resources & planning long-term `ohana wellbeing.	CA incidence is significantly lowered (less than 1% of children under 18 yrs on Moloka`i );  Communities & coalitions maintain culture of child protection & `ohana wellbeing;  Moloka`i is a model of sustained `ohana wellbeing.

### Molokai Child Abuse Prevention Pathway Theory-of-Change Logic Model (working document January, 15, 2015)

<sup>3</sup> PPE of child abuse includes (but not limited to): Culturally resonant prevention education & activities centering prevention behaviors & wellbeing practices, & response to trauma.

<sup>4</sup> Strengths Enhancing Evaluation Research: A culturally-weight method which recognizes the unique strengths of indigenous participants.

# APPENDIX

## STRATEGIES

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- Primary prevention (PP) education with kūpuna (elders), youth, women & men's groups & continuing into all communities
- Utilize Native Hawaiian values, cultural practices to increase resilience & protective factors
- Increase coalition/partnerships with communities, individuals & key community leaders
- Workforce development & evaluation research of MCAPP

## ASSUMPTIONS

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- The primary prevention is a nationally recognized approach to reduce and eliminate child abuse. PP promotes knowledge & skill development education as well as environmental and systemic change.
- CA occurs within complex, multi-level relationships, therefore, a spectrum of prevention strategies needs to be applied.

## INFLUENTIAL FACTORS

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- Consuelo study & presence in Moloka'i increased awareness and discussion re: Child abuse & sexual abuse
- Moloka'i communities challenging to engage
- Key leaders have demonstrated their support & willingness to advise
- Strong community support from families, schools, public agencies & many others.

## PROBLEM

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- Child abuse (CA) critical world problem (20-50% physically abused; 20% girls & 5-10% boys sexually abused).
- Hawai'i (2012) CA rate 6.2 per 1,000 children (12% neglect, 11.6% physical abuse, 5.2% sexual abuse).
- Victims of abuse increased risk for substance abuse, depression, intimate partner violence, suicide attempts, sexually transmitted diseases, & other long term physical & mental health impact.
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## COMMUNITY NEEDS/ASSETS

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- Moloka'i CA rate three times comparable population
- child sexual abuse intergenerational problem
- Primary prevention needed at many levels
- Child & Family Services & others provide limited treatment services

## DESIRED RESULTS

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### Short to Intermediate Outcomes:

- Increased/sustained # of children, families, & residents receive PP education.
- Increased/sustained community partnerships and coalitions in CA prevention.
- Establish useful, ongoing evaluation research.

### Long-Term Impact:

- Significant decrease of child abuse & neglect
- Culture of child protection & family wellbeing sustained.
- Community transformation: Moloka'i sustains environment of child protection & family wellbeing